



Coaching At First Sight: An event to experience coaching

Coaching At First Sight gives the opportunity to those who are intrigued by coaching to experience it first-hand, for those who are looking for a coach to “try” some during the evening and maybe find the one that suits better your needs, and for those who are already familiar with this methodology to find a space for reflection and input for action.

AGENDA

18.30 - 18.45 Reception participants

18.45 - 19.15 Introduction

19.15 - 20.15 Speed coaching: 3 sessions of 5 minutes

20.15 - 20.30 Debrief

20.30 - 21.30 Apero and networking

Date: 21 november 2016

Location: Delicatessen, 17-19 rue Sainte Catherine, 1000 Brussels

Participation fee: 25 EUR

Please confirm your participation as professional coach or coachee by email to:

Romina Henle
+41 78 662 09 71
info@danceinyouessence.com
www.danceinyouessence.com
www.facebook.com/coachingatfirstsight

